



SPECIAL DIET MENU

Please advise your server of your individual dietary requirements

VE=Vegan VG=Vegetarian GF=Gluten Free DF=Dairy Free

DRINKS

COFFEE (Large - 12oz Cups) ^{VE VG DF GF}

Americano (Black Coffee)	£2.75
Cappuccino	£2.95
Latte	£2.95
Flat White	£2.95
Latte Macchiato	£3.00
Mocha	£3.00
Double Espresso	£3.00
Add any Syrup Shot or cream	£0.50
Make it DeCaff - Just ask!	

Dairy Free FRAPPE / ICED COFFEE ^{VE VG DF GF}

Frappe with Syrup	£3.00
Frappe with Syrup and an Espresso	£3.50
Iced Latte	£3.00
Iced Mocha	£3.00
Add any Syrup Shot or cream	£0.50

Special Latte's ^{VE VG DF GF}

with Sauce & Cream	£3.75
Toffee, Salted Caramel, Honey Combe	

Ultimate Hot Chocolate ^{VE VG DF GF} £3.75

Hot Milk & Real Dairy Free Chocolate to stir in complete with Vegan Marshmallows and Sprinkles
Add any Syrup Shot £0.50

SLUSHIES ^{VE VG DF GF}

Regular	£1.00	Large	£2.00
3 Super Tasty Flavours available			

TEA ^{VE VG DF GF}

Classic English Tea / DeCaff	£2.50
Speciality Tea	£3.00
<i>Earl Grey, DeCaff, Chamomile, Jasmine, Roobios, Lemon Green, Peppermint, Blueberry, Turmeric Spiced Chai</i>	

ICED TEA ^{VE VG DF GF} £1.75

Lipton Lemon, Lipton Raspberry, Cucumber & Mint, Jasmine & Lime, Original, Passion Fruit & Lemon, Peach, Raspberry, Watermelon.

THICK MILK SHAKES ^{VE VG DF GF} £3.25

Milk, Vegan Ice Cream and Fresh Fruit or Flavouring blended for a great shake - topped with Dairy Free Cream, Sauce and Sprinkles!
Strawberry, Chocolate, Banana, Honeycomb, Vanilla, Bubblegum, Caramel, Salted Caramel, Fudge, Butterscotch, Smoores, Toffee, Mint, Raspberry, Oreo, Gingerbread, Biscoff, Cherry, Black Forest

SOFT DRINKS from £1.50

*San Pellegrino, Coke, Pepsi, 7Up, Fanta
Ginger Beer, Elderflower Presse
Hullabaloo Still Flavoured Lemonade
Orange or Apple Juice
Squash, Fruit Shoots
Still or Sparkling Bottled Water*

Try our Amazing and Healthy SMOOTHIES & SMOOTHIE BOWLS - PLEASE SEE BACK PAGE

ALL MILK BASED DRINKS can be made with: Lactose Free, Soya, Oat, Almond or Coconut Milks

FOOD - SPECIAL DIET

Our food is Freshly Cooked to Order and there may be a wait for your food especially at busy times

EGGS BEE...NEDICT ^{VE GF}

2 Poached Eggs on a Toasted English Muffin and smothered in a warm Hollandaise Sauce	
Florentine - with Spinach and Mushroom	£7.00
Blackstone - with Plant Based Bacon	£7.50
Plant Based Sausage	£7.50
Avocado - with Smashed Avocado	£8.50
Gluten Free White Bread/Roll, Seeded Bread/Roll or White Panini Available	

TRADITIONAL ALL DAY BREAKFAST

The Vegetarian Single ^{VE DF GF}

Egg, Plant Sausage, Plant Bacon, Tomato, Mushrooms, Beans & Toast	£6.50
with Chips	£8.00

Gluten Free White Bread or Seeded Bread Available

The Vegetarian Double ^{VE DF GF}

2 Eggs, 2 Plant Sausages, 2 Plant Bacon, Tomato, Mushrooms, Beans & Double Toast	£8.50
with Chips	£10.00

Gluten Free White Bread or Seeded Bread Available

Add an Extra *each* £0.75
Bacon, Sausage, Egg, Mushrooms, Onions, Tomato, Beans or Toast

The VEGAN ^{VE VG DF GF}

Smashed Avocado, 2 Plant Sausages, Plant Bacon (optional) Tomato, Mushrooms, Beans & Toast	£8.00
with Chips	£9.50

Gluten Free White Bread or Seeded Bread Available

VEGAN BREAKFAST SANDWICH ^{VE VG DF GF}

Plant Sausage	£4.50
Plant Bacon and Plant Sausage	£5.50
Add an Egg / Mushrooms / Onions	<i>each</i> £0.75

Gluten Free White Bread or Seeded Bread Available

BURGERS

MUSHROOM ^{VE VG DF GF}

Patty in a Bun	£5.00
2 x Patty in a Bun	£8.00

Gluten Free White Roll or Seeded Roll Available

Dairy Free CHICKEN BURGER ^{DF GF}

100% Breast Patty in a Bun	£5.00
Double Patty	£8.00

Gluten Free White Roll or Seeded Roll Available

add Cheddar Cheese	<i>each</i> £0.50
add Egg or Mushrooms	<i>each</i> £0.75
add Chips or a Baked Potato	£1.50

TOASTED SANDWICH ^{VE GF} served with a handful of crisps

Cheddar Cheese ^{VE GF}	£5.25
Honey Roast Ham ^{DF GF}	£5.75
Honey Roast Ham and Cheddar Cheese ^{DF GF}	£6.75
Plant Based Ham ^{VE VG DF GF}	£5.75
Plant Based Ham and Cheddar Cheese ^{VE VG DF GF}	£6.75
Cheddar Cheese & Onion ^{VE VG DF GF}	£5.75
Cheddar Cheese & Tomato ^{VE VG DF GF}	£5.75
Tomato, Mozzarella & Red Pesto ^{VE GF}	£5.75
Cheddar Cheese & Red Onion Marmalade ^{VE VG DF GF}	£5.75
Cheddar Cheese & Spicy Tomato Chutney ^{VE VG DF GF}	£5.75
Chicken, Bacon, Cheese & Pesto ^{DF GF}	£7.50
Tuna & Red Onion Melt ^{DF GF}	£6.50
Brie & Cranberry ^{VE GF}	£6.50
Bacon, Brie & Cranberry ^{GF}	£7.50

All Toasted Sandwiches also available as Panini's

Gluten Free White Bread/Roll, Seeded Bread/Roll or White Panini Available

Don't see the filling you want—Ask your server if we can do it!

Vegetarian OMELETTE ^{VE DF GF}

served with home made coleslaw

Cheese	£5.25
Cheese & Onion / Tomato / Mushroom	£5.75
Cheese & Plant Sausage	£5.75
Cheese & Plant Ham	£5.75
Add an Extra <i>each</i>	£0.75

Cheese, Plant Sausage, Mushrooms, Onions, Tomato

Don't see the filling you want—Ask your server if we can do it!

BAKED POTATO ^{VE VG DF GF}

Cheese & Real Ale Chutney	£5.50
Beans & Cheese	£5.50

CHIPS ^{VE VG DF GF}

Regular	£2.95
Cheesy	£3.95
Beans & Cheese	£4.75

The HUNGER BUSTER

2 Plant Sausages, Smashed Avocado and Chips ^{VE VG DF GF}

or

2 Plant Sausages, 2 Eggs, Chips and Coleslaw ^{VE DF GF}

£8.00

We use Plant Based Flora in our Cooking which is Vegan, Dairy Free, Gluten Free and Soy Free
All Cheddar Cheese Options are available in Vegan/Dairy Free

FOOD - SPECIAL DIET

Our food is Freshly Cooked to Order and there may be a wait for your food especially at busy times

SANDWICH served with a handful of crisps

Cheddar Cheese ^{VE VG DF GF}	£4.50
Honey Roast Ham ^{DF GF}	£5.00
Plant Based Ham ^{VE VG DF GF}	£5.00
Cheddar Cheese & Real Ale Chutney ^{VE VG DF GF}	£5.00
Cheddar Cheese & Onion ^{VE VG DF GF}	£5.00
Cheddar Cheese & Tomato ^{VE VG DF GF}	£5.00
Honey Roast Ham & Cheddar Cheese ^{DF GF}	£6.00
Plant Based Ham & Cheddar Cheese ^{VE VG DF GF}	£6.00
Brie & Cranberry Sauce ^{VE GF}	£5.50
Bacon, Brie & Cranberry Sauce ^{GF}	£6.00
Tuna Mayo ^{DF GF}	£6.00
Prawn & Marie Rose ^{DF GF}	£7.00
Smoked Salmon & Cream Cheese ^{DF GF}	£7.00

Gluten Free White Bread/Roll, Seeded Bread/Roll or White Panini Available
Don't see the filling you want—Ask your server if we can do it!

ON TOAST

Smoked Salmon & Scrambled Egg on Toast ^{DF GF}	£7.50
2 Eggs of your choice on Toast ^{VE DF GF}	£6.00
Smashed Avocado on Toast ^{VE VG DF GF}	£6.50
Baked Beans on Toast ^{VE VG DF GF}	£5.00
Fried Mushrooms on Toast ^{VE VG DF GF}	£5.00
Pate on Toast (ask your server for today's option) ^{DF GF}	£6.00
Cheddar Cheese & Tomato on Toast ^{VE VG DF GF}	£5.50

Gluten Free White Bread or Seeded Bread Available

Add Bacon / Egg / Mushrooms *each* £0.75

TOAST with Butter and Jam, Marmalade, Honey, Marmite,

Biscoff ^{VE VG DF} or Nutella ^{VE GF} £2.95

Gluten Free White Bread or Seeded Bread Available

TOASTED TEA CAKE with Butter ^{VE VG DF} £2.00

(Sorry, NOT Gluten Free)

SOUP of the DAY ^{VE VG DF* GF}

Organic Tasty Soup with a Warm Roll £4.00

Gluten Free White Bread/Roll, Seeded Bread/Roll or White Panini Available

SALADS

Cheddar Cheese ^{VE VG DF GF}	£4.50
Honey Roast Ham ^{DF GF}	£5.00
Plant based Ham ^{VE VG DF GF}	£5.00
Smashed Avocado ^{VE VG DF GF}	£7.00

Ploughmans

Cheddar Cheese ^{VE VG DF GF}	£8.50
Plant Based Ham ^{VE VG DF GF}	£8.50
Plant Based Ham & Cheddar Cheese ^{VE VG DF GF}	£9.00

Complete with Salad Leaves, Tomato, Cucumber, Apple, Pickled Onion and Real Ale Chutney. Served with a roll

Gluten Free White Bread/Roll, Seeded Bread/Roll or White Panini Available

Dairy & Gluten Free AMERICAN PANCAKE STACK of 4

Honey or Syrup ^{VE DF GF}	£6.00
Syrup & Blueberries ^{VE DF GF}	£7.00
Syrup & Nutella ^{VE GF}	£7.00
Syrup & Biscoff ^{VE DF}	£7.00
Syrup, Nutella & Marshmallows ^{VE GF}	£7.50
Syrup, Nutella & Chocolate Shavings ^{VE GF}	£7.75

Turn any of the above in to a Sharing Plate by adding 2 more Pancakes for just £2.00

Gluten Free CREAM TEA ^{GF}

Gluten Free Scone, Jam and Clotted Cream with a Hot Drink
for 1 £5.00
for 2 £9.00

Vegan CREAM TEA ^{VE VG DF}

Vegan Scone, Jam and Whipped Cream with a Hot Drink
for 1 £5.00
for 2 £9.00

AFTERNOON SPECIAL

Full Afternoon High Tea—Vegetarian, Vegan or Gluten Free options *per person* £16.00

A Tasty Selection of Finger Sandwiches, Mini Cakes and a Classic Cream Tea with a Standard Hot or Cold Drink of your choice.

Please note: MINIMUM of 2 PEOPLE and MUST be BOOKED 24 Hours in ADVANCE

We use Plant Based Flora in our Cooking which is Vegan, Dairy Free, Gluten Free and Soy Free
 All Cheddar Cheese Options are available in Vegan/Dairy Free

CHILLED SMOOTHIES & SMOOTHIE BOWLS VE VG DF GF



- Acai Kick—Acai, Blueberries, Strawberries and Mango
- Berry Burst—Blackberry, Blackcurrant, Blueberry & Banana
- Green Reviver—Kale, Lemongrass, Banana and Mango
- Mango Dream—Mango & Pear
- Organic Forest—Spinach, Pineapple, Banana and Lime
- Organic Red—Strawberries, Blueberries and Mango
- Organic Sunshine—Passion Fruit, Pineapple, Mango and Banana
- Pineapple Sunset—Pineapple, Papaya and Mango
- Raspberry Heaven—Raspberry, Blueberry, Apple & Mango
- Strawberry Delight—Strawberry, Peach & Papaya

<i>Smoothie</i>	<i>£3.50</i>	<i>Organic Smoothie</i>	<i>£3.75</i>
<i>Smoothie Bowl</i>	<i>£5.50</i>	<i>Organic Smoothie Bowl</i>	<i>£5.75</i>

Gluten Free

SOFT SERVE ICE CREAM & SUNDAE'S

Tub £2.50 *Add a flake for 50p*

Sauce Flavours

- Chocolate, Strawberry, Bubble gum
- Caramel, Cherry, Butterscotch
- Banana Ripple, Cool Mint

Toppings @ 30p (max 5 on a Tub)

- Mini or Large Marshmallows, Sherbet, Fudge Bits,
- Honeycomb Pieces, Sprinkles,
- Chocolate Curls, Mini Smarties,
- Mini Rolo, Mallow Strawberry

SUNDAE'S	£3.50	KNICKER BOCKER GLORY	£4.50
Strawberry or Chocolate			

***Why not Treat Friends, Family, Colleagues or Loved Ones
Honey Bee Gift Vouchers Available***